

## SEAFOOD

- Sailing: Sail Lunenburg, 1-877-247-7075; Lunenburg Yacht Club, Herman's Island, 902-634-3745
- Dory races in September
- Bluenose II, 121 Bluenose Drive, Lunenburg, 902-634-1963. [www.schoonerbluenose2.ca](http://www.schoonerbluenose2.ca)
- Picton Castle, 188 Montague, Lunenburg, 902-634-9984.
- Sail Mahone Bay, 902-624-8864
- Boat building/repair (traditional and modern)
- Deep sea fishing and angling opportunities, fishing for mackerel off Lunenburg Waterfront (licenses at Lunenburg Pro Hardware)
- Whale and seal watching: Lunenburg Whale Watching, 902-527-7175, [www.whalewatchingnovascotia.com](http://www.whalewatchingnovascotia.com)
- Lobster boat tours: Lunenburg Lobsterman Tours, 1-866-705-3434 [www.lobsterman.tours.com](http://www.lobsterman.tours.com)

## SALADS

- Genealogical research: South Shore Genealogical Society, Fisheries Museum of the Atlantic, Bluenose Drive, Lunenburg [www.rootsweb.com/~nslssgs](http://www.rootsweb.com/~nslssgs)
- Learning opportunities: arts, crafts, cooking, writing

## HEART SMART

- Various sporting activities: bowling, camping, beachcombing
- Bicycling: Bicycle Barn Bike Shop, Blue Rocks, 902-634-3426
- emOcean Spa and Wellness Centre, 296 Lincoln Street, Lunenburg, 902-640-8484, [www.emOceanspa.com](http://www.emOceanspa.com)
- Curling: Lunenburg Curling Club
- Lunenburg Swimming Pool, 902-634-4499
- Hiking at Gaff Point
- Sixteen beaches within a half-hour's drive

## DESSERTS

- South Shore Players: [www.southshoreplayers.com](http://www.southshoreplayers.com)
- Music, live entertainment, and theater
- Restaurants: Everything to please every palate, from the freshest of seafood to fine gourmet dining to ethnic cuisine to sweets and savories to comfort food to organic food

*The  
Lunenburg  
Nova Scotia  
Visitors'  
Menu*

*Compliments of:*

*Atlantic Sojourn Bed and Breakfast, Lunenburg*

## APPETIZERS

- UNESCO World Heritage Site
- Interesting funky and upscale stores featuring: cookware and gourmet foods, antiques, art, used books, kites, metal work, folk art, jewelry, wrought iron, Mi'qmac and Inuit items, quilts, rubber art stamps, handmade books; wooden, nautical, and hand-sewn items; and new, used, or consignment clothes and accessories
- Lunenburg architecture preserved from the 1700s/1800s, including the Lunenburg bump, a unique feature from Scotland
- St. John's Church and Restoration, Lunenburg, 902-634-4994, [stjohnslunenburg@ns.sympatico.ca](mailto:stjohnslunenburg@ns.sympatico.ca)

## MAIN COURSES

- Summer Opera Festival presents Don Giovanni, June 2010, <http://maritimeconcertopera.com/wordpress/>
- Lunenburg Festival of Crafts, July 9-11, 2010 (juried)
- Boxwood Music Festival and Workshops, July 25-31, 2010, [www.boxwood.org](http://www.boxwood.org)
- Paint Sea on Site and Silent Auction, July 24-25, 2010, [www.lunenburgartgallery.com](http://www.lunenburgartgallery.com) (70 artists painting for two days)
- Folk Art Festival, August 1, 2010, 12 – 4 p.m. (local folk art), [www.nsfolkartfestival.com](http://www.nsfolkartfestival.com)
- Folk Harbour Festival, August 5-8, 2010, 25<sup>th</sup> anniversary celebration (music), [www.folkharbour.com](http://www.folkharbour.com)
- Folk Harbour Concert Series, [www.folkharbour.com](http://www.folkharbour.com)
- Summer Bandstand Concert Series every Sunday at 2 p.m., July, August, and September
- Lunenburg Waterfront Seafood Festival, September 10-12, 2010, [www.sealunenburg.com](http://www.sealunenburg.com)
- Newfie Days, October 15-17, 2010
- Lunenburg's Old Fashioned Christmas Festival, November 26-27, 2010
- Fisheries Museum of the Atlantic, 68 Bluenose Drive, Lunenburg, 1-866-579-4909, <http://museum.gov.ns.ca/fma/>
- Knaut Rhuland Home Museum, 125 Pelham Street, 634-3498
- Halifax and Southwester Railway Museum, 150 Victoria Road, Lunenburg, 634-3184
- Farmers' Market, every Thursday mornings, 8 to 12, Community Centre, Victoria Road

## SIDE DISHES

- Pleasant Paddling Sea Kayak Rentals and Guided Tours, Railway Wharf, Bluenose Drive, Lunenburg, 902-541-9233
- Hiking trails. Lunenburg has several walking trails/routes. Trail maps: [www.trailtc.ns.ca](http://www.trailtc.ns.ca) or [www.trails.gov.ns.ca](http://www.trails.gov.ns.ca)
- Birding: (The South Shore is on the spring and fall migratory paths for several species), McLeod Bird and Nature Tours, Shelburne, 902-875-1032; Nova Scotia Bird Society, Halifax, [ip-bird@chebucto.ns.ca](mailto:ip-bird@chebucto.ns.ca)
- Scuba diving: Contact Don Wilson at Top Mast Motel, Lunenburg
- Walking tours of Lunenburg: guided, historic, night and day, (cemetery, town, lantern) May 1 through October 31: Eric Croft, Gray Line Lunenburg Town Walking Tours, 902-634-3848, [www.lunenburgwalkingtours.com](http://www.lunenburgwalkingtours.com)
- Horse-drawn buggy rides: Lunenburg, Trot 'N Time, Basil Oickle, Lunenburg Waterfront, Bluenose Drive, 902-634-8917
- Golf: Bluenose Golf Club, Lunenburg, 902-634-4260 [www.bluenosegolfclub.com](http://www.bluenosegolfclub.com); Osprey Ridge, Bridgewater, 902-543-6666; [www.golfnovascotia.com](http://www.golfnovascotia.com)
- Tennis: Lunenburg Tennis Club, 902-634-9288
- The Ovens Natural Park, 902-766-4621, [www.ovenspark.com](http://www.ovenspark.com)
- Motorcycle Rallies
- Scenic Drives: Blue Rocks, First and Second Peninsula, and the LaHave River
- Mahone Bay—three churches
- Wildlife: deer, eagles, herons, migrating birds, bear, osprey, seals, whales, sea birds, sea turtles, etc.
- Spectacular fall foliage
- Kejimikujik National Park and National Historic Site
- Kejimikujik Seaside Adjunct
- Photography: Spectacular vistas, quaint villages, historic architecture, birds, deer, flowers, seals, churches, lighthouses

## COLD PLATES

- Cross country skiing, Sledding, Ice boating , Ice skating, Ice fishing
- Balsam Fir Christmas tree capital of the world